

DEVELOPMENTAL DISABILITIES DIVISION

Description of King County Developmental Disabilities Service System Prepared February 2005

Topics

- > State Division of Developmental Disabilities (DDD) Services
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State DDD Services

The State's role in the developmental disabilities service system is mandated by the State Constitution and Revised Code of Washington (RCW).

Washington State Constitution, Article XIII, State Institutions Section I, Educational, reformatory, and penal institutions

Educational, reformatory, and penal institutions; those for the benefit of youth who are blind or deaf or otherwise disabled; for persons who are mentally ill or developmentally disabled; and such other institutions as the public good may require, shall be fostered and supported by the state, subject to such regulations as may be provided by law. The regents, trustees, or commissioners of all such institutions existing at the time of the adoption of this Constitution, and of such as shall thereafter be established by law, shall be appointed by the governor, by and with the advice and consent of the senate; and upon all nominations made by the governor, the question shall be taken by ayes and noes, and entered upon the journal. [AMENDMENT 83, 1988 House Joint Resolution No. 4231, p 1553. Approved November 8, 1988.]

RCW 71A.10.015 Declaration of policy.

The legislature recognizes the capacity of all persons, including those with developmental disabilities, to be personally and socially productive. The legislature further recognizes the state's obligation to provide aid to persons with developmental disabilities through a uniform, coordinated system of services to enable them to achieve a greater measure of independence and fulfillment and to enjoy all rights and privileges under the Constitution and laws of the United States and the state of Washington.

[1988 c 176 § 101.]

The State's role is carried out by the Department of Social and Health Services (DSHS) through the Division of Developmental Disabilities (DDD). DDD administers services on a regional basis. King County and Region 4 are geographically the same. DDD is

responsible for determining eligibility and authorizing paid services. DDD currently provides the following services:

Case Management

All individuals who are enrolled in DDD are assigned a case manager. Case managers assess the needs of individuals and their families, determine whether an individual is eligible for State paid services, and connect them to available services. Case managers authorize payment for state-funded services including those that are provided by KCDDD.

Medicaid Personal Care

Provides personal care assistance for Medicaid eligible persons with a functional disability. This service is provided in the person's own home by an individual or homecare agency provider, or in licensed contracted adult family homes and boarding homes. MPC is also provided to eligible children who live at home or in a foster home.

Residential Services

Licensed Settings: In community-based licensed residential programs, such as group homes, Institutions for the Mentally Retarded, adult family homes and foster care, the provider owns or leases the facility. Room and board expenses are included in the rate paid by DDD and residents participate towards the cost of care. To provide services in a variety of smaller licensed settings located in the community, DDD contracts with providers or coordinates with other DSHS divisions. All licensed settings offer 24-hour supervision.

Supported Living Services: DDD contracts with and certifies individuals and agencies to provide support to persons who live in their own homes in the community. Supports may vary from a few hours per month to 24 hours of one-on-one support per day. Clients pay for their own rent, food, and other personal expenses, DDD pays for supports. DDD also offers certified supported living services provided by State employees through the State Operated Living Alternative Program.

Residential Habilitation Centers

State employees provide intensive services in five state operated residential facilities for individuals needing skill development or a high level of nursing care.

Family Support

Provides a variety of individual and community services, including respite care and therapies, to assist families in caring for their family member in their home.

Dental Program

Provides oral health education for people with developmental disabilities of all ages. The program is offered through contracts with dental hygienists.

Mental Health

Provides an array of mental health services and supports to individuals who are dually diagnosed with developmental disabilities and mental health disorders.

Voluntary Placement Foster Care Program

Offers supports to a child in a licensed placement outside the family home. This usually happens when a child's disabilities are so severe that the parents make a request for out-of-home placement, due solely to the child's disability.

Medically Intensive Home Care Program

Provides in-home private duty nursing services and medical equipment to children age 17 or younger who have medically intensive needs (e.g. ventilator dependent, tracheotomy care) that require continuous skilled care and can be provided safely in the home.

Services for Washington State residents with developmental disabilities are not an entitlement. Services are limited based on the availability of funds. The State's funding for services comes from a combination of federal grants, State funds appropriated by the Legislature and the federal Medicaid program. Under Medicaid, the Federal Government and state governments both contribute to the cost of health services for lower income individuals. The specific eligibility requirements and types of services covered are defined in a State plan.

Since the early 1980's, the Federal Government has allowed states to use Medicaid to pay for Home and Community Based Services (HCBS) for people with developmental disabilities as an alternative to institutionalization. The Federal Government's approval for this practice is set forth in a "waiver" agreement between the State and the Federal agency responsible for Medicaid. Washington State's Medicaid HCBS waiver, known as the Community Alternatives Program waiver, was replaced with four new waiver programs effective April 1, 2004, Basic, Basic Plus, Core, and Community Protection. Each waiver program provides a "package" of services and supports when Medicaid state plan services and other supports are not sufficient. See DDD's Waiver Plan Fact Sheet on line at http://www1.dshs.wa.gov/word/adsa/ddd/waiverFacts.doc for a summary of the services provided under each of the waiver programs. Enrollment in the four waiver programs is limited.

King County DDD Services

Washington State's policy is to provide services for people with developmental disabilities on a state and local basis.

RCW 71A.14.010, Coordinated and comprehensive state and local program. The legislative policy to provide a coordinated and comprehensive state and local program of services for persons with developmental disability is expressed in RCW 71A.12.010. [1988 c 176 § 301.]

RCW 71A.12.010, State and local program -- Coordination -- Continuum. It is declared to be the policy of the state to authorize the secretary to develop and coordinate state services for persons with developmental disabilities; to encourage research and staff training for state and local personnel working with persons with developmental disabilities; and to cooperate with communities to encourage the establishment and development of services to persons with developmental disabilities through locally administered and locally controlled programs.

The complexities of developmental disabilities require the services of many state departments as well as those of the community. Services should be planned and provided as a part of a continuum. A pattern of facilities and services should be established, within appropriations designated for this purpose, which is sufficiently complete to meet the needs of each person with a developmental disability regardless of age or degree of handicap, and at each stage of the person's development. [1988 c 176 § 201.]

RCW 71.20.110 mandates that counties collect a property tax and dedicate these funds to provide community services for persons with developmental disabilities or mental health services.

RCW 71.14.020 enables counties to appoint a developmental disability board to plan services for persons with developmental disabilities and to provide directly or indirectly a continuum of care and services to persons with developmental disabilities within the county or counties served by the board.

RCW 71A.14.030 directs the State to work with the counties who apply for state funds to coordinate and provide local services for persons with developmental disabilities and their families.

King County 's role is carried out by the County's Department of Community and Human Services through KCDDD. KCDDD provides the following services:

Child Development/Early Intervention

Child development/early intervention services are provided for children birth to three years of age who have a developmental delay or disability. Family Resource Coordinators (FRC) assist families in accessing services, identifying their priorities, in

finding resources to match those priorities and in coordinating services the child or family may need. Provided by contracted agencies.

Community Access

Supports that are designed to enhance individuals' participation in community activities. Supports are designed to fit the needs and desires of the individual. Currently, this service is designated for individuals who are unable to be employed or for whom employment is not appropriate. For example, one organization matches older adults with developmental disabilities with community volunteers. Provided by contracted agencies.

Behavioral Support Project

Information and training in behavioral management approaches to families, teachers and providers for children and youth ages 3-17 with developmental disabilities to enable them to continue to live at home. Provided by a contracted agency.

Employment Services

Individual Employment. Facilitates an individual with a developmental disability working for a business or company in the community. A provider agency helps the person find a job and provides training and support. People earn at least minimum wage and have benefits. Provided by contracted agencies.

Group Supported Employment. Enables three or more people with disabilities to work in a group in the community. Some groups are located at a single site (such as a restaurant or a store), others move from site to site (such as custodial or groundskeeping work). Employees may earn less than minimum wage. Provided by contracted agencies.

Prevocational Services (formerly Specialized Industries Employment). Designed specifically for people with developmental disabilities. The work typically consists of piece work (e.g. putting pieces of a product together or packaging items). People are employed in a large group workshop setting. Employees generally earn wages based on their productivity. Provided by contracted agencies.

Employment Resource Coordination. Services include information and referral, benefits analysis, individual planning and liaison with Social Security, DSHS and employment agencies. Provided directly by KCDDD staff.

Family Support Community Service Grants

Grants to community organizations to make social and recreational opportunities accessible to people with developmental disabilities.

Information and Assistance

Assists people with understanding and navigating the developmental disabilities service system. Provided by contracted agencies.

Ethnic Outreach Teams

Staffed by members of African American, Asian/Pacific Islander, and Latin American backgrounds who provide culturally relevant services and supports to families as they navigate the developmental disabilities service system on behalf of their family member. Provided by a contracted agency.

Housing Help

Assists people to obtain Section 8 housing vouchers from public housing authorities, provides information on housing resources and advocates for development of affordable housing opportunities for people with developmental disabilities. Provided directly by KCDDD staff.

One Month Snapshot of Services

The following table reflects data on individuals, who received selected services during October, 2004:

KCDDD Service	Number Served in Oct. 2004	Number of Wage Earners	Average Cost Per Client	Ave. Cost Per Wage Earner Month	Average Monthly Earnings	Average Hourly Wage	Cost Benefit Ratio
Child Development Services	730		\$195				
Part C Early Intervention Services	904*						
Community Access	305		\$523				
Prevocational Services	334	331		\$501	\$134	\$1.90	.27
Group Supported Employment	127	127		\$549	\$353	\$4.04	.64
Individual Employment	697	617		\$538	\$962	\$9.85	1.79
Total	2,193	1,075				·	

^{*}This number is not included in the total number of individuals served. Most of the individuals who received Part C early intervention services were enrolled in the State DDD system and are already counted in the Child Development Service category.

One Year Snapshot of Services

The following table reflects data on individuals who received selected services from January 1, 2004 – December 31, 2004:

KCDDD Service	Number Served from 1/1/04 – 12/31/04	Number of Wage Earners	Average Cost Per Client	Ave. Cost Per Wage Earner	Average Monthly Earnings	Average Hourly Wage	Cost Benefit Ratio
Child	1,430		\$1,134				
Development Services							
Part C Early Intervention Services	1,427*						
Community Access	339		\$5,715				
Pre- Vocational Services	365	361		\$510	\$137	\$1.93	.27
Group Supported Employment	141	141		\$556	\$389	\$4.67	.70
Individual Employment	777	712		\$550	\$990	\$9.87	1.80
Total	3,052	1,214					

^{*}This number is not included in the total number of individuals served. Most of the individuals who received Part C early intervention services were enrolled in the State DDD system and are already counted in the Child Development Service category.

KCDDD Budget

Major Revenue Sources and Uses

State Funds from State DDD pay for:

- Child Development
- Community Access
- Individual Employment, Group Supported Employment and Prevocational Services
- Behavioral Support Project
- Portion of Family Support Community Services Grants

Federal Funds passed through State DDD (provided under Federal Individuals with Disabilities Education Act) pay for:

Early Intervention

King County funds from mental health/developmental disabilities millage (dedicated property tax) pay for:

- Employment Resource Coordination
- Information and Assistance
- > Ethnic Outreach Teams
- Housing Help
- portion of Family Support Community Services Grants

2001 - 2005 Revenue Summary

Revenue Source	2001 Actual	2002 Actual	2003 Actual	2004 Budget	2005 Budget
State	13,191,931	13,986,782	13,505,281	13,538,976	15,750,685
Federal	1,466,110	1,240,809	1,288,375	1,327,225	1,327,225
County	2,140,193	2,212,167	1,320,853	2,457,113	2,436,869
Total	16,798,234	17,439,758	16,114,509	17,323,314	19,514,779

2001-2004 Expenditure Summary

Revenue Source	2001 Actual	2002 Actual	2003 Actual	2004 Prelim. Estimate
State				
	13,119,705	13,730,554	13,275,472	13,538,976
Federal	1 475 760	1 502 274	1 200 EE7	1 227 225
County	1,475,769	1,503,274	1,286,557	1,327,225
	2,607,601	2,134,348	2,057,263	2,729,018
Total	17,203,075	17,368,176	16,619,292	17,595,219

Notes on Revenue and Expenditure Summaries:

- 1. Actual 2004 revenue and expenditure figures will not be finalized until mid-2005.
- 2. The revenue summary shows a large increase in State funds in 2005. This is due to the State now including certain funds in the County's funding contract that were previously deposited in individual client accounts.
- 3. Expenditure figures can exceed revenue figures when KCDDD supplements budgeted revenues with County funds accumulated from prior years (fund balance).